

ORDER FORM

Name _____

Address _____

Email _____

Number of calendars to single address	Price each
1-2	\$8.50
3-9	7.75
10-24	6.00
25-49	5.25
50-99	5.00
100-199.....	4.75
200 +.....	4.50

POSTAGE & HANDLING	
\$5.00	for 1-3 calendars
4-10 calendars	\$8.00
\$10.00	for 11-24 calendars
25-49	\$15.00
50 or more	\$25.00

Number	Price	TOTAL
_____	_____	_____

Postage & Handling _____

KY residents add 6% sales tax _____

My tax-deductible contribution
to support **ASPI's** research,
education, & outreach programs _____

ASPI Notecards **Total** _____
from other side

TOTAL DUE _____

MAIL TO : **ASPI Calendar**, 50 Lair Street
Mt. Vernon, KY 40456 (606)256-0077

OR ORDER ONLINE: www.appalachia-spi.org/calendar

ASPI Calendar
50 Lair Street
Mt Vernon, KY
4 0 4 5 6

The
APPALACHIAN
Simple Lifestyle Calendar

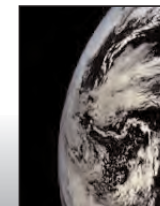
Printed on Recycled Paper



The Simple Lifestyle Calendar 2023



Constructive
Daily Lifestyle
Reflections &
Suggestions



Proceeds go
to Non-Profit,
Earth-Healing
Programs



Special Days,
Celebrations,
Moon Phases &
Seasonal Lore



The APPALACHIAN Simple Lifestyle Calendar

Our black & white wall calendar (11" x 17") offers a unique collection of special days, celebrations, moon phases and seasonal lore - all printed on recycled paper. Wisdom, wonder, quotes and humor - with 365 suggestions to help you listen to the simple, natural rhythms that lead to a more balanced and fulfilling life.

Your Support Makes a Big Difference for Public Interest and the Environment! All calendar sales proceeds support Appalachia-Science in the Public Interest, and tax-deductible gifts from donors allow us to continue our environmental efforts (since 1977) for healthy land and sustainable communities in Kentucky and Central Appalachia. We use community education, advocacy, research, consulting, and demonstration projects to promote innovative ideas and appropriate technologies. Please support ASPI's non-profit mission and help us keep the promise of positive change in Appalachia alive.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2023 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Universal Human Rights, Venice A, Friend, Root Vegetable & AIDS Awareness Month	spruce, birch, tung, yucca holly, narcissus & holly	1 Science Week Rosa Parks & World AIDS Day We read more, do less & act.	2 Pan American Health Day Make informed decisions about care & treatment	3 World Conservation Day (World Wildlife Day of People and Planet) Develop your habitat habitat landscape plan.	4 Free Dressing Day NEW MOON
5 International Solidarity Day World Day of the Girl & Boy Scout (Some Day Festival Begins at 12:01)	6 St. Nicholas Day This year, help them open their hearts to you.	7 Letter Writing Day Takes time to compose a letter for someone special.	8 Accumulate Conception (Book & Soap Ancestral) Beautiful Day	9 Christmas Card Day Make informed decisions about care & treatment	10 Human Rights Day (Only in US) FIRST QUARTER	11 International Mountain Day Go to the mountains often.
12 International Day of the Girl (Only in US) Ring back to the house where it belongs - Invited	13 Christmas Eve (Only in US)	14 Audubon Bird Count Halcyon Days Underdog Day	15 St. Stephen's Day (Only in US)	16 Christmas Eve (Only in US)	17 International Day of the Girl (Only in US)	18 International Mountain Day Go to the mountains often.
19 Advent week (Only in US)	20 Christmas Eve (Only in US)	21 Christmas Eve (Only in US)	22 Christmas Eve (Only in US)	23 Christmas Eve (Only in US)	24 Christmas Eve (Only in US)	25 Christmas Celebrate with your family.
26 Christmas Eve (Only in US)	27 Christmas Eve (Only in US)	28 Christmas Eve (Only in US)	29 Christmas Eve (Only in US)	30 Christmas Eve (Only in US)	31 Christmas Eve (Only in US)	January 2024 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

14 Audubon Bird Count Halcyon Days Underdog Day

Birds all around us are in decline & need special protection

Actual Size

2023 Simple Lifestyle Calendar

Another year of transition, of cautious openings, the rising of new possibilities and as always - challenges; hopefully leaving us convinced of the need for action, reflection and dedication to the simple lifestyle, with gratitude for the invisible but strongly felt grace which infuses our world. Our 46th edition Calendar features photographs from across the mountains and years, with reminders of ways in which to celebrate environment and the Simple Life - May yours continue to be one of deep insight and joy.



Appalachian Wildflower Notecards, set of 6 different wildflowers with envelopes. Brilliant color images by photographer Janet E. Kalisz.

Appalachian Notecard Series



Appalachian Simple Lifestyle Notecards, all new black & white set of 6 different mountain scenes with envelopes. Favorites from photographer Warren Brunner.

ASPI is a non-profit tax-exempt organization



NOTECARDS

Wildflower # sets ___ @ \$9 each ___
 6 color cards with envelopes

Simple Life # sets ___ @ \$7 each ___
 6 black & white cards with envelopes

KY residents add 6% sales tax ___

P&H - \$3.00 first set, add \$0.50 for each additional ___

(Add TOTAL to other side) **TOTAL** ___

ADDRESS: _____

MAIL TO: **ASPI Notecards**, 50 Lair Street
 Mt. Vernon, KY 40456 (606) 256-0077